## Tropical-Breeze Bracelet

Designed by Carol Heppner for Velcro USA Inc.


This light and airy bracelet feels wonderful on your wrist during hot tropical weather. VELCRO® Fabric Fusion gives your bracelet a $360^{\circ}$ high- fashion design.

## Instructions

Place a green and a blue ribbon on top of a yellow/orange variegated 9 -inch ribbon. Use a needle and thread to secure the top of the ribbons together. The other side of the ribbons will remain free (Photo 1).

Attach the tops of the ribbons to the working surface with masking tape. Braid the ribbons together and then pin the bottom of the ribbons together so the braid does not unravel (Photo 2). Place this braid around your wrist in order to determine if you will have to cut the length of the braid to make it smaller to fit your wrist. Remember, you will want the ribbon ends to overlap each other by $1 / 2$-inch on your wrist because you will use VELCRO® Fabric Fusion fastener as the closure for the bracelet.

Use a needle and thread to stitch the bottom of the braid so it does not unravel. Remove the pin from the ribbon. Use this braided section as a template to cut the other braids you make for the bracelet.

Use the previous steps to create two additional braids using the green, blue and yellow/orange variegated 9 -inch ribbons.

Slightly overlap the first braided ribbon, one green 9-inch ribbon, a second braided ribbon, a second green 9 -inch ribbon, and the last braided ribbon together. Pin the tops of the ribbon
together and then sew the ribbons in place (Photo 3). There will be five ribbon rows on the bracelet.

Thread one orange and one amber bead on the first braided ribbon (first row) and then a silver and crystal bead on the green ribbon (second row). Slip a silver and crystal spacer bead, an orange bead, and another silver and crystal spacer bead onto the center ribbon (third row). Slide a crystal bead on the second green ribbon (fourth row) and then one amber and one orange bead on the last braided ribbon (fifth row).

VELCRO® Fabric Fusion will be the enclosure of the bracelet. Cut two $1 / 2$-inch pieces of VELCRO® Fabric Fusion. Remove the clear backing from the Fabric Fusion. Place the adhesive side of the hook tape on the front side of one ribbon end and then place the adhesive side of the loop tape on the back side of the opposite ribbon end.

Heat the iron, choosing the polyester setting. Place the hook side of the ribbon face down on the ironing surface. Cover the area on the ribbon to be fused with a thin cotton ironing cloth. VELCRO® Fabric Fusion must be heated for 90 seconds in order to create a strong bond between the ribbon and the heat-activated adhesive. Work in time frames of 10 seconds each, making sure to keep the iron constantly moving over the area. Remove the iron from the covered ribbon in between the 10 second time frames.

To create a ribbon rose, measure and cut three pieces of the yellow/orange variegated ribbon to 10 -inch lengths. Braid the ribbons together and use a needle and thread to secure the ends of the braid. Starting at one end of the braid, roll the braid into a circle, sewing it in place as you go (Photo 4). Tuck in the end of the braid under the circle and sew it in place (Photo 5). Make sure the finished rose is circular in shape (Photo 6).

Create two additional ribbon roses by repeating the above steps.
Sew a crystal bead to the center of one rose. Sew or glue this rose to the outside back of the VELCRO® Fabric Fusion closure. Secure one rose to the left and one rose to the right of the first rose.

Sew the first links in the three 8 -inch chains together and then sew the same links under the left rose closest to the braids. Take the first chain and wrap it once around the top braid and green ribbon. Use the second chain and wrap it once around the lower green ribbon and bottom braid. Wrap the last chain once around the center braid. Sew the last link of all three chains together and then secure them under the opposite ribbon rose.

Use the needle-nose pliers to open the jump ring on the starfish charm. Attach the starfish to the bottom chain and then use the pliers to close the jump ring.

## Supplies

VELCRO® Fabric Fusion fastener
Ribbons
Yellow/orange variegated, $5 / 8 \times 9$ " (3); $5 / 8 \times 10$ " (9)
Aqua $3 / 8 \times 9$ " (3)

Green $3 / 8 \times 9^{\prime \prime}$ (4)
Silver chain 8" (3)
Silver and crystal spacer beads Faceted glass mix rondels, $9 \times 14 \mathrm{~mm}$, amber (2), orange (3) Starfish Charm

## Tools

Craft Scissors (we recommend WESTCOTT® Brand Cutting Tools) Iron
Masking tape
Needle-nose pliers
Needle and white thread
Thin cotton ironing cloth


2 Secure the ribbon tops


1 Braid the ribbons


3 Sew braids together


4 Tuck in the braid's end


6 Finished rose

